



[www.aviron-iledefrance.org](http://www.aviron-iledefrance.org)

# TRAVERSEE DE PARIS ET DES HAUTS-DE-SEINE EN AVIRON 2017



# TRAVERSEE DE PARIS ET DES HAUTS-DE-SEINE



Start and finish of the tour at the Île de Monsieur water sports centre to the south west of Paris  
From the start point: head up the Seine against the stream to the Quai Saint Bernard (14km)  
Round turn at the Quai Saint Bernard and row with the stream to the Pont de Suresnes.  
Landing at the Île de Monsieur.  
Total course length: 28 km

**Please remember that rowing in the heart of Paris is unique!  
To ensure that this beautiful rowing tour in the heart of our capital continues for many years to come,  
we MUST ALL adhere to commercial navigation rules. A course map will be provided at reception the day you arrive.**



<b>Date</b>	Sunday 17 September 2017
<b>Venue</b>	Start and finish at the <i>Île-de-Monsieur</i> water sports centre at Sèvres (south-western suburb of Paris).
<b>Provisional timetable</b>	Participants arrive from 5.45 a.m. Boating time: 6.15 to 7.15 a.m. Start: 7.30 a.m. Finish of last crew: 10.45-11 a.m. Course completion time: 3h to 3h30
<b>Authorised participants</b>	All French or foreign rowers registered in clubs attached to their national rowing federation. Rowing level required: intermediate or above
<b>Registrations</b>	Registrations online only (LIFA website). Payments to be made by card or cheque.
<b>Registrations close</b>	Sunday 10 September 2017, 11 p.m.
<b>Touring boat lease</b>	Touring boats may be rented. Please note that the number of touring boats for lease is limited. It is therefore essential that you book your boats as soon as possible. All such rented touring boats are fully equipped (life jackets, bailers, rope, trestles etc.). You may also contact Paris region clubs directly for a rental. All their contact details are available on our website <a href="http://www.aviron-iledefrance.org">www.aviron-iledefrance.org</a>
<b>Boathouse area</b>	To ensure optimum management on the Sunday morning, we recommend that you prepare your boat on the Saturday 16 September. Site surveillance will be in place throughout the weekend.
<b>Participant arrival</b>	To confirm their presence, receive full information and a map of the course, each team leader must make him or herself known to reception on Saturday 16 september from 11 a.m. to 6 p.m.
<b>Sunday meals</b>	Lunch tickets will be given to participants at reception. A meal will be provided for all rowers and support teams. Breakfast will be served from 5.30 to 6.30 a.m.
<b>Prices</b>	€33 per participant, i.e. €165 for a full crew. €20 for support teams €120 for touring boat rental (plus €250 deposit). i.e. €285 for a full crew.
<b>Recommendations</b>	Each cox must have a life jacket within reach throughout the course. Each boat must be equipped with a 10m rope and bailers. If one of the above items is not present, the crew will be refused the right to start. Each crew must provide 2 trestles.

# ACCES PLAN



## ADDRESS

Parc Nautique de l'Île-de-Monsieur  
4, avenue de Saint-Cloud  
92310 Sèvres

## ACCESS

Metro line 9 - Pont de Sèvres station  
Tramway line T2 - Musée de Sèvres station  
Bus - Pont de Sèvres station: lines 60, 504, 503, 515, 513,  
279, 291, 289, 467

## GPS coordinates

Latitude: 48.830896  
Longitude: 2.22413099999943

## CONTACT

Ligue Île de France D'Aviron  
17 boulevard de la Marne - 94130 Nogent sur Marne  
Tel: 01 48 75 79 10 - Fax: 01 48 75 79 32  
contact@aviron-iledefrance.org



Find us online at  
[www.aviron-iledefrance.org](http://www.aviron-iledefrance.org)